

The Nereids (sea nymphs or water spirits), were the daughters of the sea god Nereus and of Doris, the daughter of Oceanus. The Nereids were helpers of Poseidon, the Greek god of the sea.

They were often shown in human form, dressed in white silk robes trimmed with gold, riding on the back of dolphins or the Hippocamps (the horses of the sea). They were occasionally drawn with the tail of a fish.

The Nereids symbolised everything that is beautiful and kind about the sea.



What you need to do: Visit the British Museum website and look around Gallery 17. Here you will find the Nereid Monument: https://www.britishmuseum.org/c ollection/galleries/nereidmonument Choose one of the Nereid statues as inspiration. Draw or colour your own sea nymph. There are colouring sheets and templates for you to use if you want to. If you would like to you can take a photo of your picture and tweet it to @britishmuseum.















